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June/July 2026

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A Note From the Editor

Welcome to our June/July edition.

Summer is here, and windows are being thrown open wide to let in the sweet smells of blooming planters, hanging baskets, flower gardens, and wild flower meadows.

June is the first month of summer, and the month where many of us choose to get out and about, locally, nationally and abroad, for a leisurely afternoon walk through the park to a café and the reward of tea and a toasted teacake. Or a weekend away, making the most of the daylight which extends almost to bedtime. Or a vacation in the UK, Europe or further afield before the holiday season gets too busy.

A break for many is energetic - cycling, hiking, climbing or experiencing new activities - or it can be a chance to lounge by a pool or on the beach enjoying a tall drink and a good book or two. This year many people will choose to get creative and test their imaginations and learn new skills like coastal sketching, enjoying painting sessions in a local park, pottery for beginners, or a creative writing or poetry workshop to unleash their inner Brontë or Wordsworth.

Many of us are enjoying our lovely surroundings this Summer bringing home to us how important the environment is. Plastic Free July www.plasticfreejuly.org/ is a very worthwhile campaign that supports the idea of being more sustainable in our daily lives for the good of our planet. Many ideas are free or low cost and just involve being a little more mindful, whilst some ideas can save us money whilst at the same time helping make a difference. Reusable cups can save on plastic and many café's offer discounts if you use them; and reusable bags have really caught on in the past few years and save thousands of plastic carrier bags going into landfill.

Here are some dates for your calendar:
21st June: Father's Day; 21st June: Summer Solstice.

As always, we ask you to please remember to mention Stonestrow Directories when calling our Advertisers, so we can keep bringing even more trusted local professionals and quality local stories to your door every other month.

However you chose to spend the next couple of months - please remember to keep your heart and your business local.

Yours, Stonestrow Publications.

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Stonestrow
Publications

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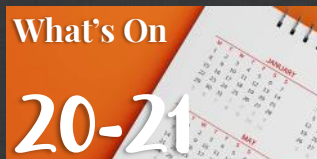
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20-21



NEXT DEADLINE
AUG / SEP
EDITION
20th JULY



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Ask your local councillor

Andy Mackiewicz (Solihull MBC)

You've argued for stronger green belt protections — what specific developments would you oppose in Knowle, Dorridge, and Bentley Heath?

I oppose any development that is speculative in the Green belt which is not in the local development plan.

How can residents get involved in “planning consultations” to genuinely influence outcomes?

The best way will be in September/October when we consult on the new development plan.

What infrastructure improvements must happen before more housing is approved?

This will be assessed on a case by case basis, but the following issues need to be addressed: Health Access, roads, public transport, high speed broadband, schools etc

Traffic around Knowle and Dorridge feels worse every year — what practical changes are planned?

I suspect the issues are related to incidents on the M42 and M40 which cause diversions. The Highways issues will have be addressed as part of the Arden Triangle development.

What is being done about school-run congestion around Arden and local primaries?

We walked my children to Dorridge Primary and my children walked the mile to Arden School. Walking with children to and from school is a precious time to chat. It is healthy for all. I would urge all parents, if they can, to walk to school. I have been involved in campaigns by children to encourage walking to school.

Are current parking arrangements helping local businesses or discouraging visitors?

This is an issue about balance between workers needing to park and customers having access the businesses. In Dorridge we have a lot parking spaces within a two minute walk of the centre. There are times in Knowle when parking is difficult and we should listen to business and public.

I would like to thank all the groups that work hard to make Knowle, Dorridge, Bentley Heath and Hockley Heath a great place to live. There are too many to mention but I urge those who have time to participate.



If you have a particular question you'd like to ask one of the local councillors - please find the names and the contact details of your local representatives on the Solihull Metropolitan Borough Council's website: www.solihull.gov.uk

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01564 393333

The Kings Arms *Gastropub*

2110 Warwick Rd, Knowle B93 0EE

01564 771177

The Black Boy *Gastropub*

Warwick Rd, Knowle B93 0EB

01564 772655

Freedra's Deli *Café*

1636A High St, Knowle B93 0NA

01564 779240

Dorridge Fish Bar *Fish & Chips*

15 Station Approach, Dorridge B93 8JA

01564 775954

The Forest Hotel *British*

25 Station Approach, Dorridge B93 8JA

01564 772120

Minh's Cantonese Restaurant *Cantonese*

8 Station Rd, Dorridge B93 8HH

01564 779929

Costa Coffee *Café*

1 Forest Rd, Dorridge B93 8HA,

01564 774 218

Skogen *Bar, Café*

2 Station Approach, Dorridge B93 8JF

01564 772283

The Railway Inn *Gastropub*

Grange Rd, Dorridge B93 8QA

01564 773531

Drum & Monkey *Gastropub*

177 Four Ashes Rd, Dorridge B93 8ND

01564 772242

Aroma Restaurant *Indian*

100C Widney Rd, Bentley Heath B93 9BN

01564 777613

Giggling Squid *Thai*

The Bank House, 1634 High St, Knowle B93 0JU

01564 330220

Brondi *Café*

Units 4 - 5, Arden Buildings, Station Road,

Dorridge B93 8HH

BistroViola *Café*

1590 High Street, Knowle B93 0LF

01564 779468

Swan Yard *Café*

Unit 2 High St, Knowle B93 0NA

07944 126277

Elderberry Blacks *Café*

1678-1680 High Street, Knowle B93 0LY

01564 776344

Bella Venezia Ristorante & Pizzeria *Italian*

1628 High St, Knowle B93 0JU

01564 779806

Daawat *Indian*

St Johns Cl, Knowle B93 0JU

01564 779802

Costa Coffee *Café*

1648 High Street, Knowle B93 0NA

01564 771245

Knowle Indian Brasserie *Indian*

1690 High St, Knowle B93 0LY

01564 776453

Eros *Italian/Greek*

1608 High St, Knowle, Solihull B93 0JU

01564 777751

The Red Lion *Gastropub*

1672 High St, Knowle B93 0LY

01564 771522

Toby Carvery *British*

1635 Warwick Road, Knowle B93 9AH

01564 772559

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01564 772739

Oktoگون *Bar*

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01564 739646

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01564 772124

Hogarth's Hotel & Restaurant *British*

Four Ashes Rd, Solihull B93 8QE

01564 779988

Apple Pink *Café*

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Spire Parkway Hospital	0121 7041451
GP Healthcare Knowle	0121 7962777

POLICE & FIRE

Solihull Police Helpdesk	0845 113 5000
West Midlands Police	0845 113 5000 or 101
Warwickshire Fire & Rescue	01675 62 007
Bickenhill Community Fire Station	0121 380 7527
Solihull Fire Station	0121 380 7521

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BT Fault Line	0800 800 151

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National Rail Enquiries	08457 484950
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Bus Travel Line	0871 2002233
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What's On

Bentley Heath Country Market

Date: every Friday / Time: 10am - 11.30am / Venue: Bentley Heath Community Hall
Widney Rd, Bentley Heath, B93 9BQ

We are a farmers market & craft fair all rolled into one. We are open for business every Friday New producers always welcome! 10am-11.30am
Email bhcountrymarket@gmail.com to receive our weekly order email.

Knowle Male Voice Choir

Date: every Wednesday during school terms / Time: 7.30pm / Venue: Dorridge Methodist Church, Mill Lane, Dorridge

Ask anyone who sings with a choir or sings anywhere, and they will all agree, Singing is Good for You. Practices are followed by a refreshing trip to the local pub immediately afterwards. If you are interested in joining our choir please contact us at kmvc14@gmail.com or for more information visit www.knowlemalevoicechoir.org.uk

Donate your old glasses

Working with our sister Lions club in Chichester, your old pairs of used glasses are collected, sorted and distributed each month to eye clinics as far as Papa New Guinea, Ghana, Nigeria and Nepal. Don't worry if your spectacles are broken as they will be recycled for their scrap metal and the funds used to support eye-related projects both in the UK and overseas. Knowle and Dorridge Lions Club are being supported by these opticians in B93: Alan Tyler Opticians - Dorridge, Bannister Eyecare - Knowle, Vision Express - Knowle. Just drop your used glasses into them and we'll do the rest! Thank you!

Knowle Renew Café

Date: every Wednesday / Time: 2pm - 4pm / Venue: Guild House, Knowle
All welcome, no booking required. A shared wellbeing space where you can enjoy a calm cuppa; spend time with a coffee (activities available or bring your own); have a chat with others; join an optional prayer & meditation session. For more information please visit: www.kpc.org.uk

Knowle & Dorridge Round Table

Date: every other Tuesday
Knowle and Dorridge Round Table 812 was founded in 1963. We are an organisation run by and for Tablers as a hobby. We bring smiles to the local and wider community by helping and raising as much money as we can whilst having as much. We indulge in various activities like sports, tours and lots of 'ings' such as gliding, hiking, biking, riding, shooting, kayaking, fishing, rallying, karting, off-roading, making, climbing, bowling, cooking or just enjoying the odd pint (or two). Please email to get in touch: kanddrt@gmail.com

Rapport Social Group

Rapport is a, non profit making, social group for unattached adults age 50+ on their own and would like to meet new friends. We have a varied monthly programme of hosted events, including coffee mornings, lunches and evening meals, cinema, theatre and National Trust visits, day trips, walks and pub nights. For more information contact Jenny Brown on 07725 094123

Free Digital Training for older Solihull residents

Various times and Age UK Solihull are offering free digital training for older Solihull residents who would like to improve their digital skills. Group courses and one-to-one support is available, for both beginners and those who already have basic digital skills. The training can help with online shopping, video calling, searching for information, accessing online learning, downloading and using apps, and more. For more information, contact Ashlee on 07397 718 455 or visit www.ageuk.org.uk/solihull/digital-champions

Knowle Probus Club

Date: 3rd Tuesday of the month / Venue: The Solihull Masonic Centre, Warwick Road, Knowle
The Knowle Probus club is a luncheon Club for retired and semi-retired Professional or Businessmen living in or around Knowle. We meet for an excellent three course lunch followed by interesting and informative talks. If you would like to know more go to www.knowleprobus.org.uk or Phone Paul on 07713 94228.

Age UK Solihull Weekly Thursday Friends Lunch Club for Over 65s

Date: every Thursday / Time: 12pm - 2.30pm / Venue: Red Lion Pub, High Street, Knowle
Run by Age UK Solihull staff and their volunteers. Come along for a hot meal, tea/coffee, social activities and great company. Cost is £8 (£6 for hot lunch and refreshments, £2 for raffle, bingo/entertainment). For more information please call 0121 704 7846 (Mon-Thurs) or email befriending@ageuksolihull.org.uk.

Ladies Circle

Date: Wednesdays / Time: 11am / Venue: Dorridge Methodist Church, Mill Lane, Dorridge B93 8NY
Ladies living locally meet for a coffee & a chat. Every fourth week there will be singing, speakers or games.

Dorridge Probus Club

Date: first Tuesday of the month / Time: 12 noon / Venue: Copt Heath Golf Club, Warwick Road, Knowle
We meet for a friendly chat followed by lunch and a talk focussing on members interests and requests. Probus is a friendly, social meeting point for retired and semi retired men. For more details see our website www.probusclub.net/dorridge.

Drinking cans collection

Venue: Ale rooms, Knowle
Please support Ryan's work by dropping off your

empty aluminium cans in the blue bin situated right outside the Ale Rooms, Knowle High Street. Ryan from "We Can" collects aluminium drinking cans, crushes them and trades them for money to help buy food to address food poverty locally.

Welcome Wednesdays

Date: last Wednesday of every month / Time: 2 - 3.30pm / Venue: Eascote Park Care Home and Retirement Village, Knowle Road, Barston B92 0JA
This is a chance meet new people, enjoy a hot drink and a slice of cake, and help raise funds for Age UK Solihull. Everyone is welcome, including carers, older people, and anyone who wants to break up the week and enjoy some company. We ask for a suggested donation of £3 per person to attend, which includes a hot drink and cake. Please let us know if you are planning on coming by calling us: 0121 7047842 (leave a message) or email to: events@ageuksolihull.org.uk.

The Thursday Friends Lunch Club

Date: first Thursday of every month / Time: 12 - 2.30pm / Venue: The Red Lion Pub, 1672 High St, Knowle B93 0LY
Hot meal, activities and wonderful company
Total cost - £12. (includes lunch, hot drinks, as well as a raffle and bingo).

Knit & Natter

Date: 3rd Monday of the month / Time: 2- 4pm / Venue: Bentley Heath Community Centre, Widney Road B93 9BN
Bring your own project. Just turn up no charge.
Contact Dennise on 07899 914 228

Knowle and Dorridge Dementia Cafe

Date: every Tuesday / Time: 10.30am - 12.30pm / Venue: Dorridge Methodist Church, Mill Lane
The café aims to provide a supportive and friendly environment for individuals living with dementia and their carers. It is designed to be a warm, welcoming space where attendees from the surrounding areas, they can enjoy a variety of activities, socialise, meet people in similar circumstances and find helpful information and resources. Sessions, including refreshments, are £3 per person and will be guided by experienced care professionals and volunteers.

Hobs Meadow Lunch Club

Date: Every Thursday EXCEPT the first Thursday of each month / Time: 12pm - 3pm / Venue: Hobs Meadow Pub, Ulleries Road B92 8ED
Come along to this lunch club for a hot meal, entertainment and wonderful company. £10 to attend (includes 2 course lunch, hot drinks and activities).

South Solihull u3a

Date: 2nd Monday of each month / Time: 1:45 pm for 2:00 pm start / Venue: Bentley Heath Community Centre, Widney Road B93 9BQ
We are a very friendly group of retired or semi-retired people aiming to learn new skills and make new friends along the way. In addition to the monthly meeting when we usually have an invited

speaker, we also have a wide range of over 20 activity groups meeting throughout each month. For further information please visit: www.southsolihull.u3asite.uk and contact our Membership Secretary, Richard: memberships3a@yahoo.com for an invitation to a 'taster meeting'. We look forward to meeting you!

Movie Matinee

Date: 6th June / Time: 2.30pm / Venue: Knowle Village Hall

If you like film music, then the Strolling Players invite you to join them at their summer concert on 6th June. Come and enjoy a medley of songs from the Silver Screen, including favourite numbers from the world of Disney, "The Wizard of Oz," the Bond movies, "The Lord of the Rings", "Butch Cassidy and the Sundance Kid" and many more. Tickets - £10.00: available from 01564 777634.

Solihull PSA Blood Testing Event

Date: 13th June / Time: 10am - 2pm / Venue: Solihull Methodist Church Hall, Station Approach, Solihull, B91 1LE
Prostate cancer is the most commonly diagnosed cancer in the UK, more than 64,000 men are diagnosed every year. Black men are twice as likely to be diagnosed in their lifetime as other men. If caught early the outcomes are very positive. The PSA blood test can give an indication of the overall health of your prostate. Book by visiting: tinyurl.com/yc3r576y

World Elder Abuse Awareness Day

Date: 15th June
Wear something purple, organise a purple-themed activity, or do one good thing, and make a donation to Age UK Solihull to help vulnerable older Solihull residents. For full details, purple-themed ideas and a free fundraising pack, visit www.ageuk.org.uk/solihull/weaad

Knowle's 750 Celebrations

Date: 21st June / Time: 11am - 5pm / Venue: Knowle High Street
Knowle High Street will be closed to traffic for a day of fun, food, entertainment, and activities for all ages. Led by Visit Knowle, the day promises something for everyone - from live music and performances to delicious local food and family-friendly activities.

Run Solihull

Date: 9 August
Take part in this 5k or half marathon around the streets of Solihull, and support local charity, Age UK Solihull. See full details and sign up at www.ageuk.org.uk/solihull/run-solihull

While we do our best to ensure the accuracy of our listings, events may be postponed or cancelled without notice. Please confirm with the organiser before making any plans for attending events. For your news, events and group meetings to be featured free of charge on our What's On Page please email Ksenia: info@stonestrowpublications.co.uk

Heading away with your pet this Summer?



The number of UK households owning pets has risen sharply over the past decade, and travel decisions increasingly include animals. Around 35% of UK dog owners report taking their pets on holiday at least once a year, and why not... no separation anxiety, no kennel fees, and wonderful shared experiences! Yet the decision is not purely emotional. It requires assessment of stress, safety and practicality.

The good news is that dogs are generally the most travel-adaptable pets. Many cope well with car journeys if accustomed gradually. However, long-distance travel can cause motion sickness, dehydration and anxiety.

Veterinary guidance suggests breaks every two hours during road trips, constant access to water, and, of course, they should never be left unattended in vehicles, even briefly. Temperatures inside cars can rise above 40°C within 20 minutes, even on mild days.

Accommodation suitability matters. Not all 'pet-friendly' listings provide secure gardens or appropriate space; while noise levels, unfamiliar environments and disrupted routines can elevate stress hormones in animals. Research into canine behaviour shows cortisol levels spike during major routine changes, yet on the whole, your four-legged friend should be happy to share in car and holiday adventures.

Air travel, however, introduces significantly more complexity. While small pets may travel

Cats are typically less suited to travel. Territorial by nature, they often experience significant stress outside familiar surroundings. Short car trips can be manageable; extended holidays are more disruptive.

Rabbits, birds and small mammals require even more caution. Environmental stability is critical for these species. Temperature changes, noise and handling can quickly impact health.

Financial cost is also a factor. Pet passports, vaccinations, travel crates and pet-friendly accommodation premiums add up, with UK pet insurance rarely covering travel-related incidents unless specified.

Ultimately, travelling with pets can be rewarding, particularly for active dog owners planning UK-based holidays, yet animal welfare must be the sole decider when it comes to making a decision. The question is less "can we take them?" and more "should we?"

Naturally, if you do decide to leave your pet at home, there are a number of solutions.

Alternatives such as professional pet sitters or trusted home boarding often provide lower stress for the animal, with in-home pet sitting maintaining routine and environment stability.

in-cabin on select routes, most fly in cargo holds. The British Veterinary Association advises careful consideration due to temperature fluctuations and stress exposure. For many pets, especially older animals, air travel may not be advisable.



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Horoscopes: June



ARIES

(MARCH 21 - APRIL 20)

It's all change for new beginnings in June as the Sun, Jupiter and Venus are closely linked in curious and restless Gemini. This month suggests that some exciting and innovative communications are about to begin. Mars, your ruler, remains in your sign until the 8th, examine all your inspirational and creative ideas and then implement them as Mars moves into practical Taurus on the 9th.

TAURUS

(APRIL 21 - MAY 21)

This month gives you the opportunity to make some important changes in your financial dealings. Jupiter has arrived in this pivotal area of your chart, suggesting that you could pick up some really good ideas about making and managing your money in a more profitable way. The Gemini new moon on the 6th emphasises intuition and offers a positive breakthrough in all areas of communication.

GEMINI

(MAY 22 - JUNE 21)

June suggests that Saturn and Neptune at the highest point of your chart and highlighting your career sector could offer an entirely new way of working. The powerful new moon in your sign on the 6th is pivotal; you should be feeling refreshed and energetic, as all of these cosmic indicators open up your intuition and bring you some amazing insights. The Capricorn full moon the 22nd offers an interesting opportunity.

CANCER

(JUNE 22 - JULY 22)

Cosmic activity at the highest point of your chart offers the prospect of taking up some new intellectual interests and expanding your horizons. Mercury and Uranus are influencing how you feel about friends and any new group activities that you might have in mind. This will all encourage you to learn new things and go places that you have never been before. The Gemini new moon on the 6th could be a turning point for better times.

LEO

(JULY 23 - AUGUST 23)

Innovative Uranus linking with communicative Mercury at the highest point of your chart bodes very well for any career changes that have recently been on your mind. The strong Gemini energy in June also offers lots of social activity, particularly with any projects that involve groups of like-minded people. Being a creative sign, you'll find wonderful new ways of contacting others and bringing them joy and encouragement.

VIRGO

(AUGUST 24 - SEPTEMBER 22)

June puts your goals and your ambition into the spotlight, you are asked to reflect on what you have learned during the first half of 2024. Now is the time to use your new found confidence and positive thinking to get the very best out of planned changes and social endeavours. Love planet Venus arrives in Cancer on the 17th, new friendships and social connections are on the horizon.

LIBRA

(SEPTEMBER 23 - OCTOBER 23)

June starts with the emphasis on your partnerships and relationships, impulsive Mars in Aries is in your opposite sign until the 8th, take great care if you want to avoid any confrontations and challenges. Jupiter, Venus and the Sun suggest new ways for broadening your horizons and learning new things. An exciting adventure may be about to begin, take each opportunity as it comes.

SCORPIO

(OCTOBER 24 - NOVEMBER 22)

The Sun, Venus and Jupiter all in the sign of Gemini shine the spotlight on your finances and resources. Maybe some adjustments will need to be made this month and you should now have the courage to move things along. On the whole the cosmic energies placed here look very favourable for any new investments that you have in mind. The Capricorn full moon on the 22nd looks exciting - be alert to a sudden swing in fortune.

SAGITTARIUS

(NOVEMBER 23 - DECEMBER 21)

Love, romance and new partnerships are all in the spotlight this month. Jupiter, your ruling planet and beneficial Venus are both indicating that things are likely to go very smoothly if you put your heart and soul into your endeavours. Forceful Mars arrives at your work angle on the 8th suggesting that new initiatives will be on offer if you take the plunge, it's time to discover inspirational new ways forward.

CAPRICORN

(DECEMBER 22 - JANUARY 20)

The radiant Sun, Jupiter and Venus are all powerful in versatile Gemini this month, highlighting that your professional prospects are poised for growth. This powerful energy will set the scene for the winds of change to blow away any cobwebs that have been holding you back. The full moon in your sign on the 22nd illuminates a new unexplored area for potential job-related alterations.

AQUARIUS

(JANUARY 21 - FEBRUARY 18)

June looks like romantic encounters will be on the cards as the Gemini Sun, relationship planet Venus and expansive Jupiter are all illuminating this area of your chart. Gemini is all about communication, therefore saying the right thing at the right time will be essential for positive outcomes. Business minded Mercury arriving in intuitive Cancer on the 17th suggests new insight concerning a project that you have been working on.

PISCES

(FEBRUARY 19 - MARCH 20)

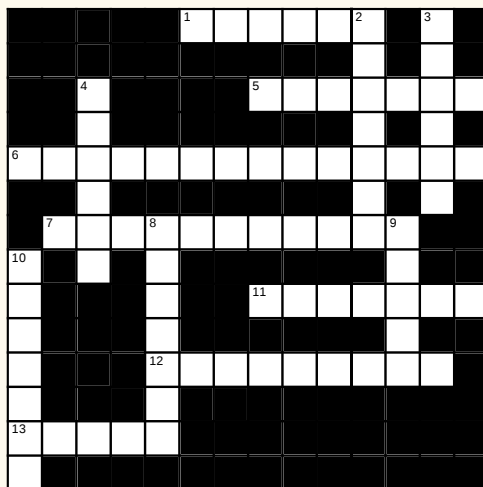
The first week of June will be important as energetic Mars in Aries powers through your financial area and an important decision will take up your time. The Sun, Venus and beneficial Jupiter, all in Gemini, light up your home and family life with positive interaction. Now is the perfect time to absorb new information, connect with others and enjoy some wonderful new experiences with those dear to you.

Christine Chalklin, Inspirational Astrologer and Life Coach

Take a refreshing new look at the year ahead by booking an astrological reading now. Consultations are available on Zoom, WhatsApp or telephone.

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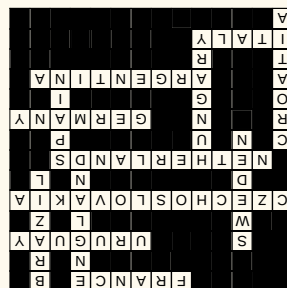
Use the flags to fill in the crossword. The answers are the names of teams that have all been mens' world cup football finalists



Kyra's team won the football tournament. Can you help her through the maze to reach the trophy?



Germany won twice as West Germany and once as a united Germany. Czechoslovakia split in 1993 into The Czech Republic and Slovakia. Neither has won the World Cup since.



World Cup Crossword Solution



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Rhubarb Crumble Cake

INGREDIENTS:

Crumble top:

260g plain flour
1 tsp baking powder
300g soft light brown sugar
1 tsp ground cinnamon
1/2 tsp ground nutmeg
1/2 tsp salt
170g unsalted butter

Cake:

260g plain flour
70g wholewheat flour
2 tsp baking powder
1 1/2 tps. ground ginger
1/2 tsp salt
300g light soft brown sugar
170g unsalted butter, softened.
2 tps. vanilla paste
4 eggs at room temperature
225ml buttermilk or natural yoghurt
400g Rhubarb, cut into 1.5-2cm chunks.

METHOD

Crumble Topping: Melt the butter in a saucepan. In a bowl sift together the flour, cinnamon, nutmeg, baking powder and salt. Stir through the sugar then add the melted butter and mix together with a spoon until it clumps together and becomes crumbly. Set aside.

Cake: Preheat the oven to 180C / 160 fan Gas mark 4. Line a 13x9-inch pan with greaseproof paper so the paper overhangs the sides of the pan.

Sift together the flours, salt, baking powder and ground ginger, adding the bran from the wholewheat flour.

Place the brown sugar, softened butter, and vanilla in the bowl of a stand mixer and beat on medium speed until fluffy and pale.

Add the eggs, one at a time, beating after each addition until well combined.

Fold in one third of the flour mixture gently. Add half of the buttermilk and mix until just combined. Add the next third of the flour mixture and fold in. Add the remaining buttermilk, mix it in then add the remaining third of the flour and fold until just combined. Finally mix everything together gently for another 30 seconds to make a smooth batter.

Place the batter in the pan and spread evenly.

Sprinkle half the rhubarb over the top of the batter, then spread two thirds of the crumb mixture, then the remaining rhubarb followed by the rest of the crumb mixture.

Place the pan so that the top is level with the centre of the oven and bake for 40-45 minutes. You don't need a thermometer to check if it's done but it does make things easier. The temperature of the cake in the centre should be about 95C when it's cooked. Remove from the oven and cool in the pan for 30 minutes. Use the excess greaseproof paper to remove the cake from the pan.

Allow the cake to cool completely. Sprinkle with icing sugar, cut into squares, and serve with thick yogurt or creme fraiche.



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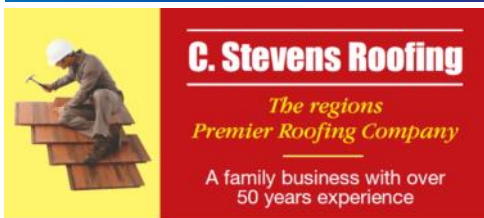
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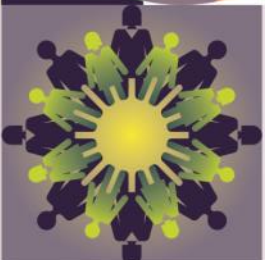
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